

# INSTRUCTOR'S LESSON PLAN

## Snowmobile Safety – Driving Positions

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<b>SUBJECT</b> Snowmobile Safety		<b>INSTRUCTOR</b>
<b>TITLE OF LESSON</b> Snowmobile Operation - Driving Positions		<b>DATE OF INSTRUCTION</b>
<b>TIME PERIOD (TOTAL)</b> 20 minutes		<b>PLACE</b>
<b>TRAINING AIDS</b> 1. Snowmobile	<b>TYPE OF LESSON</b> <input checked="" type="checkbox"/> E.D.O.C. <input type="checkbox"/> LECTURE <input type="checkbox"/> DISCUSSION <input type="checkbox"/> PRACTICAL	
<b>OBJECTIVE(S)</b> ✓ Show students the 4 types of driving positions and under what conditions they can be used.		
<b>INSTRUCTOR REFERENCE</b> Student Manual		
<b>STUDENT REFERENCE</b> Student Manual		

TIME	LESSON OUTLINE	AID CUES
0:00 	<p><b><u>E-EDUCATE</u></b></p> <p><b><u>Background:</u></b></p> <p>The type of position you choose to operate your snowmobile will be determined by the terrain and conditions you are operating under.</p> <p><b><u>Tell them what they need to know:</u></b></p> <ul style="list-style-type: none"> <li>➤ The sitting position is the most common driving position, and is also the safest in most cases. Keep your feet flat and continually on the running boards to act as a spring to cushion the bumps. You are able to shift your weight easily as you are sitting low on the machine.</li> <li>➤ The kneeling position is not designed for higher speeds and is a little harder to balance as you are higher up. It does allow you to lean into a hill or steep grades, and does offer a little better visibility at intersections.</li> <li>➤ The standing position should only be used when</li> </ul>	

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TIME	LESSON OUTLINE	AID CUES
<p style="text-align: center;">↓</p> <p style="text-align: center;"><b>5:00</b></p> <p style="text-align: center;">↓</p> <p style="text-align: center;"><b>7:00</b></p> <p style="text-align: center;">↓</p> <p style="text-align: center;"><b>20:00</b></p>	<p>you want to see better. It should only be used at low speeds, such as crossing a road. Remember to flex your knees.</p> <ul style="list-style-type: none"> <li>➤ The posting position is a semi-sitting position with your body off the seat in a squatting posture. This position can be used when you are traveling over uneven terrain.</li> </ul> <p><b><u>D-DEMONSTRATE</u></b></p> <p>Demonstrate the different types of driving positions telling the students what each one is and showing them the proper positioning of the body and legs.</p> <p><b><u>O-OBSERVE</u></b></p> <p>Observe each student as they demonstrate and tell you what each driving position is. Correct them only as necessary.</p> <p><b><u>C-CONGRATULATE</u></b></p> <p>Give positive feedback to each student as they successfully show you all four driving positions.</p>	<p>Snowmobile in classroom or outside in parking lot. Machine should be off trailer to avoid falls.</p>